

ANNUAL REPORT (2021-2022)

BY: NAB SABITA SARADINDU BASU

CENTRE FOR BLIND WOMEN & DISABILITIES STUDIES

*(A UNIT OF NATIONAL ASSOCIATION FOR THE BLIND, INDIA-
MUMBAI)*

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NAB INDIA CENTRE



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THE NAB INDIA CENTRE FOR BLIND WOMEN AND DISABILITY STUDIES

HOW IT STARTED

A UNIT OF NAB MUMBAI, THE NAB CENTRE FOR BLIND WOMEN & DISABILITIES STUDIES was formed in 2002 in New Delhi, following the findings of the study 'Status of Blind Women in India' conducted by Asian Blind Union, Ms. Anuradha Mohit (Presently Director, NIMH) and Ms. Shalini Khanna (Presently Hony. Secy., NAB Centre).

The Centre in Hauz Khas Enclave was based on the study and the 'Will' be queathed by its kind donors Smt. and Shri. Saradindu Basu with their bungalow in Hauz Khas Enclave, New Delhi, to NAB INDIA. The Centre started in Oct 2002 with the help of a committee consisting the founder member, Ms. Devyani Sircar, then Hony. Secy. Genl. Dr. R.T. Vyas, then E.D Mr. Jaywant, Ms. Ela Mehta, Ms. Anuradha Mohit, the NAB Delhi President Sh. Jagdish Kapur and Ms. Shalini Khanna who was appointed the Asst. Director.

VISION

The **vision** of the committee was to change the status of blind women in India provide rehabilitation, training, education, guidance and dignity in the lives of thousands of visually impaired girls and women, thereby empowering them to come out of the dark corners of their double disability.

THE JOURNEY TILL HERE...

Trainings, Education & Employment Support: Over last nineteen years, the NAB India Centre has supported directly more than 5,000 total blind women beneficiaries and around 11,000 students with various disabilities PAN India to access Higher Education, gain Employment and become self reliant, and rehabilitated them to not only find gainful careers but also set up homes with successful marriages for many.

Geographical Coverage: The blind women come to the centre from different States of the country like Bihar, Uttarakhand, M.P., U.P., Rajasthan, Haryana, Himachal Pradesh, Punjab, Jammu, Tripura, Manipur, Meghalaya, Sikkim, Arunachal Pradesh, Nagaland, Assam, Karnataka and from the neighboring countries like Nepal and Afghanistan.

Researches & Disability Studies: Since the centre has also increasingly focused on **Researches** in the field of Disability to bring facts to light, after it became '**Centre for Blind Women & Disability Studies**', the job mapping studies and international projects with various national and international agencies.

Another integral possession of a flat in Chitra Vihar, East Delhi has been extended by a living generous donor, **Mr. Bhatnagar** to NAB Centre for the welfare of more number of blind girls and boys **from January 2013**. The centre is functioning as a 'Kamla Bhatnagar Employment and research Unit

of the Centre'. It has a Hostel for blind youth and has ongoing activities of packaging Training to make them employable in garments factories and export houses.

Community Based Rehabilitation & Outreach Programmes:

We started new projects of Community Based Rehabilitation and Outreach Programmes in 2015 by sending our resource persons in communities/hostel for blind in Delhi-NCR to train persons with blindness on the skills of computer and handicrafts.

We further collaborated with other organizations working at grass route levels for persons with disabilities other than blindness in the district of Balia-Uttar Pradesh, Baksar-Bihar and Maharashtra. Through this collaboration, we worked on self employment ventures for the economic empowerment of PWDs back in their communities. Also, NAB India Centre has been dedicatedly working on introducing skill building trainings for persons with blindness in these organizations as its main agenda.

Breast Cancer Detection training for blind women: In its efforts to open new employment opportunities for the blind women, this training was brought from Germany to India in the year 2017. The first batch passed out in 2018 and worked with CK Birla Hospital and Fortis Hospital for manual breast check of women under the supervision of Doctors. The subsequent batches of trained blind women are interning as well as providing services with Medanta Hospital and Tata Memorial Cancer Hospital, Mumbai. Certified trained blind women MTEs are also providing breast screenings and teaching self breast examination to marginalized women from communities in the country.

“Combatting ill effects of the Pandemic COVID 19 for blind persons in the community”: Since April 2020 till 2022, India had been attacked by the Global Pandemic COVID 19 AND brought adversities to persons with visual impairment in terms of loss of job opportunities, lack of accessible technology to approach relief schemes and medical help etc. All this has contributed to lower economic status of blind persons. The centre had been striving to bring resilience around amongst 2, 500 blind persons and their family members in the community by way of providing ration support to their door step, skill building in handicrafts at their homes and home based orders for handicrafts made by them after getting the skill training and this way, restoring their financial strength.

Introduction of Solar energy and Waste management system in 2022: The centre is solar energized with 20 KV Solar PANEL SUPPORT FROM kind donors. Similarly, composting process has been started at the centre with support from ITC IN ORDER TO MANAGE THE In house waste.

Inauguration of “Blind Bake” café run by blind chefs in October 2021: We marked another new beginning on 30th October, when the Centre inaugurated the Blind Bake café. The evening was curated to offer our guests an exemplary experience of sit-down cafe along with musical performances by the Blind artists. The same was opened for the residents of RWA and general public.

THE NAB Centre looks back on its successes and trials with a sense of progress and accomplishment. It is today proud to bridge the gap between education and empowerment, trainings and employments, between schooling and actual rehabilitation for the visually impaired girls. Several success stories continue to abound and this annual report aptly encapsulates NAB'S memorable moments through the year!

Acknowledgements:

A very focused and committed group of volunteers, advisors and mentors work together with us to empower and awaken the visually impaired girls. The centre recognizes the efforts of its admirable dedicated team which works silently and tirelessly to change the lives of these girls, and helps to put them on a path of independence thereby building several success stories.

Not to forget our training partners of outreach programmes for their trust in our expertise and experience for the upliftment of persons with disabilities through contemporary skill building and life skill trainings. We thank them for collaborating with us to achieve the common goal of making the disabled population of the country as productive as like anybody else.

Our accomplishments, in the last 20 years, would never have been possible without the ongoing support of our sponsors and donors through the Corporates, Trusts and Foundations as well as the Individual Donors.

The august Managing Committee of NAB India, Centre For Blind Women & Disability Studies is mention worthy under the guidance of which NAB Centre has been able to come so far. The members with diverse backgrounds and stature have been regularly bringing expertise, cooperation and harmony which have been a pillar of strength towards all our efforts.

Last but not the least, we thank our parent organization `NAB India, Mumbai for their cooperation and support for NAB India Centre.

We thank you all with our heartfelt gratitude for putting your faith in us and helping us achieves our goals. We also look forward to your continued support and involvement in the coming years approaching the next decade.

**MR. AJAI MALHOTRA
CHAIRMAN**

**MS. SHALINI KHANNA
HONY SECY.**

THE MANAGING COMMITTEE

Mr. S.K. Singh	Vice President, NAB (I)
Mr. Ajai Malhotra	Chairperson
Mr. Manjit Singh Sawhney	Vice-Chairperson
Ms. Pamela Bhandari	Treasurer Member
Ms. Shalini Khanna	Hony. Secy.
Ms. Anita Goyal	Member
Ms. Sulochna Mansi Agarwal	Member
Ms. Madhu Nagpal	Member
<i>Dr. C. Pandav</i>	<i>Member</i>
<i>Ms. Archana Capoor</i>	<i>Member</i>
<i>Ms. Madhu Bala Sharma</i>	<i>Member</i>

I. AWARDS, MEDIA COVERAGE & VISIBILITY

1. **Women Transforming India**, By NITI Aayog and women entrepreneurship platform Ms. Shalini Khanna Sodhi, Hony. Secy. received this prestigious award being one of the 75 enterprising women entrepreneurs of the country who were felicitated as Women Transforming India by Niti Ayog. We highly appreciate the diligent and remarkable contributions of each woman working towards their respective vision and mission transforming India.



2. Ms. Shalini Khanna Sodhi Hony. Secy.- NAB India Centre) was Awarded with “Chiranji Lal Dhanuka Memorial Service Award” by Lions Club, Alakhnanda, New Delhi in August 2021. The award was given for her exemplary work for visually impaired women in the country.
3. Ms. [Shalini Khanna](#) Sodhi, was awarded the Best Social Worker Award 2021, under the banner of Rashtriya Prensadoot award 2021, by the Divyangjan Shashaktikaran Mela 2021,

organised by Department of social justice, Govt. Of India and Family of Shirdi Sai Baba on 21st November, 2021.

II.SUMMARY OF LIVES IMPACTED THROUGH VARIOUS PROGRAMMES DURING 2021-2022

1. Total Blind Beneficiaries Benefited & Impacted under Various Programmes:

Sr. No.	Particulars	No. Of Beneficiaries
1.	Trainings (Through Direct trainings+ outreach programmes) (Delhi &NCR)	120
2.	Placements and self Employment	38
3.	Internships	04
4.	Scholarships for Higher Education	02
5.	Support for School Education as private candidates (10 th & 12 th Grades)	08
6.	Hostel Facility to the blind trainees	71
7.	Working Women Hostel Facility to working blind women	07
8.	Ration & other essential distribution to PWDs during COVID 19	250
9.	Provision of Smart phones	15
10.	Wedding support to blind girls	N.A.
TOTAL		515

2. Total No. of Community Members Impacted through sensitization & Integration Programmes

Sr. No.	Particulars	No. of Participants covered	No. of Institutes/Corporates/Schools Sensitized
1.	No. of Volunteers enrolled & worked under Volunteer Management Programme	56	33
2.	No. of Institutes/ corporates/ organizations sensitized about visual impairment and rehabilitation	-	25
3.	Awareness talks on breast care and breast cancer detection screenings done by blind MTEs under Discovering Hands Project	100	06
4.	No. of Clients covered with- Japanese Medical Manual Therapy (JMMT)services by blind therapists under Talking hands Project	119	05
5.	Food orders served by blind girls chefs to general public under Blind Bake Café Project	300	-
	TOTAL	575	69

III. NEW INITIATIVES & DEVELOPMENTS ON PROJECTS INCLUDING INTERNATIONAL COLLABORATIONS DURING APRIL 2021-MARCH 2022

1. New Initiatives:

Home Of Hope (HOH) MEET Session:

The initiative was started by HOH, USA for development of blind girl trainees at Nab India Centre via Zoom sessions every Tuesday in December 2020. Apart from weekly sessions by HOH Volunteers, HOH has been an integral partner to make efforts to extend sponsorships for skill building trainings, assistive technology in terms of smart phones and medical help for their well being, independent living and enhanced employ ability. Special thanks to HOH for all their efforts since 2020.

a. Solar Panel Installation:

- With long awaited help, from Muthoot, NAB India Centre in its drive to be energy sufficient, has gone 100 percent on solar back up from 2nd November 2021. Mr. Moothoot himself visited the Centre to inaugurate the ambitious project.
- This will save around INR Six lacs annually.

Installation of Solar Panel By Muthoot(November 2)



b. Wet Waste composting: with a workshop by ITC and SDMC, centre has started recycling all wet waste into composting from Feb 2022.

c. **Repairs project by Customs Delhi:** Centres major repairs has been undertaken by Customs Delhi dept. under their swachhta abhiyan funds.

b. Launch of Ujjwala.org:

The centre launched the e-commerce portal Ujjwala.org over social media for smooth and easy sale of Ujjwala products made by blind women trainees at the centre. This year most of the rakhis along with ujjwala products were ordered online.



e. Inauguration of “Blind Bake” a café run by blind women:

- We marked another new beginning on 30th October, when the Centre inaugurated the Blind Bake café.
- The evening was curated to offer our guests an exemplary experience of sit-down cafe along with musical performances by the Blind artists.
- It was an honor to have **Mr. Ajai Malhotra (Chairman-NAB India Centre)**, as our chief guest to inaugurate it.
- The same was opened for the residents of RWA and general public.
- project the Blind Bake Cafe.



- News Laundry



- The Better India



4. ABP News



● Hindustan Times



● Times of India



Media Coverage

- i. **Published in the Times of India Page:** Inauguration of Blind Bake café was a sensational as well as an eye-opening event for everyone. The story got covered in the Times of India column where the journalist Ms. Ambika spoke about the concept of the unique Blind Bake Café.
- ii. For the cafe, NAB India Centre for Blind Women, was highlighted by several media houses like ABP news.
- iii. News Laundry visited the Centre to cover the story of Blind Bake Café. They interviewed the Chefs as well as the trainees of the café. The video highlighted how the girls are trained bit by bit to adapt the techniques of cooking.

2.

2. Developments on Other national and international projects:

a. **PROJECT: striving to Bring Resilliance and handle ill effects of covid 19 for blind youth IN THE COMMUNITY**

Highlights for 2021-2022:

- 250 persons with blindness and other disabilities and their family members were provided ration, medical and other essentials supportat their door step



- 65 areas (near by slums, sub urbs, villages in Delhi-NCR)were covered by front line workers during ration distribution.



- 12 were trained and given home based work for handicraft orders while sitting at home for their livelihoods.

Home based skill building and home based employment:

Since the effects of the COVID crisis do not seem to end as yet, and earning money being a distant possibility for the blind people, the Centre decided to start training the blind people sitting idle at home to work from home and earn money.

Hence, the massive ration distribution exercise above was also utilized to create a first of its kind database of the blind people living across NCR of Delhi; to find out about their education, training, past work and therefore capacities to work.

Further assessments in tailoring, knitting and paper product making were started by the training coordinator (by going to the field) for a target of 50 beneficiaries by asking them to create samples so that neatness, speed and quality of hand work could be identified to plan the skill building for marketable products for them. 30 best candidates were to be identified from the whole lot and were trained in the respective skills.

Raw material for tailoring, knitting & paper products was provided to the identified blind beneficiaries in Faridabad, Sultanpuri, NOIDA and Karala, apart from training them on the basic products under different

categories. Many of them came up with the assigned knitting & paper product samples after a training of 3 months.

Ration support was given to those on priority basis who were inclined to work and support them selves along with stipend money. This acted as a real boost for them and filled them with confidence that in adverse circumstances, the newly acquired skills shall be handy for the survival.

The people who were trained and were given home based handicraft work in 2020 have continued working with the Centre in 2021 too and have been able to upgrade their skills and earn while sitting at home. With the span of one year, these beneficiaries have refined their work and have become the core member in the community. The team continuously identifies more people who are in need and willing to get trained and start working. Centre is working with a designer to market its products. New products and designs are being explored that can be produced by the trained blind youth.

Advocacy for re employment of trained blind beneficiaries:

NAB India Centre has continuously in touch with employers of its blind beneficiaries to take them back on employments after the lockdown. Due to this advocacy and efforts, many blind beneficiaries got their jobs back in factories.

COVID cases amongst staff and students at the centre and combat

Where we could protect ourselves through the first wave, COVID spread was there during the second wave in the second quarter of 2021. A few of residential staff and students were found positive in both the centres. The effected cases were quarantined and supplied healthy food and timely medicines on daily basis after consulting the doctors. Vaccination was also ensured on timely basis for everyone. All the efforts resulted in faster recovery of each case.

. The journey could not have been possible to be successful without the support of our front line working team, our honorable board members, our Head Office-NAB India-Mumbai, kind donors and partners.

b. Discovering Hands (DH) Project:



A project brought by NAB India Centre from Germany in 2017 is a unique and distinct project in itself. It was founded by a German doctor-Dr. Frank Hoffmann.

- Under this project blind girls are trained to detect lumps/cysts or any other abnormalities in the breast using their highly sensitive tactile sense in their hands. Also, that this method of breast cancer detection by the blind girls is radiation free and extends comfort to a woman who is undergoing the breast check by another woman who cannot see.
- At the same time, the precious time of doctors is saved when MTEs assist doctor in the initial screening of breast for a patient.
- The whole procedure of breast check is documented by the blind MTE for each patient and a report is generated with all findings by the MTE with patient history, graphical presentation of findings for doctor's reference for further course of action.

1. . Placements:



Blind Medical Tactile Examiners (MTEs) under Discovering Hands Project:

trained and certified blind women MTEs in different batches under Discovering Hands Project get an opportunity to work in hospitals like Medanta, CK Birla and Fortis etc. Similarly, the trained MTEs provide their expert services of breast screenings at preventive breast health camps organized by the centre under the supervision of doctors for marginalized women from communities in different parts of the country.

2. . Internships of blind trainees:

After 6 months of intensive training at the centre, the trainees have to go 3 months compulsory internships at the hospitals to work under real work situations.

After intense talks and meetings, new avenue of internships have been cracked at `Tata Memorial Hospital, Mumbai, Medanta-Gurugram, CK Birla,-urugram and Fortis-New Delhi. Through out the internship process at the hospitals, The interns are being closely monitored by the trainers in order to ensure their required grooming and professional development.

Our training partner, Enable India-Bangalore arranged internships for its trainees at CyteCare Cancer Hospital, Bangalore

Our Proud Interns:



Farheen

Sakshi

Kavita

Ruby

Pranita

Yeshu

However, due to the pandemic COVID 19, THE INTERNSHIPS were adversely affected since April 2020 till date.

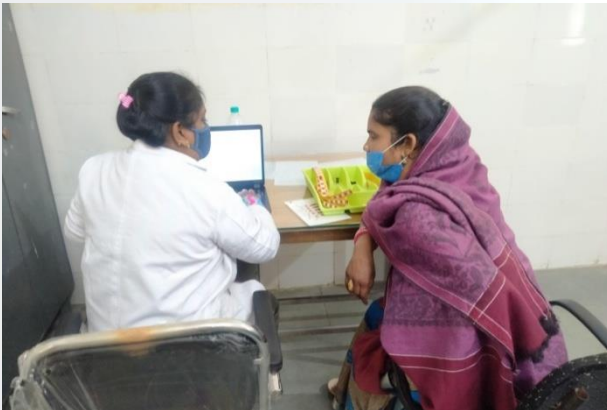
3 . Project Expansion at Bangalore, Kashmir and Nepal:

- i. At Enable India, Bangalore: Due to COVID 19, training could start only from January 2021 with 4 blind women candidates. Internships were conducted at Bangalore based hospital from December 2021 to March2022.
- ii. At Help Foundation, Kashmir: Due to adverse effects of COVID 19, the project could not be completed.
- iii. At Nepal: Nepaleese trainees trained by the centre in India went back to Nepal in February 2021 to join the internships. Due to another wave of COVID 19 in 2021, they wer still waiting for the internships to start.

4. Awareness Camps, Talks & Conferences regarding `Breast Cancer Detection by MTEs:

The same were done in order to create awareness in general public about this particular skill of blind women to detect breast cancer manually. The certified MTEs also screened and examined around 100 breasts under the supervision of doctors and taught them self breast examination technique as well during the year.

i. Awareness cum Breast screening camp at Madhya Pradesh:



- **Total screenings- 64 in 7 days long camp** At Sheopur, a small village in M.P.
- **By 2 blind certified MTEs and 1 trainer under the supervision of a medical doctor**

This camp was organized by NAB India Centre with the support from Bayer at a project of telehealth medicine at a primary health center in this village. We believe the check-ups will lead to

more awareness among the women and encourage them to do self-breast examinations as a precautionary measure.

- ii. Awareness stall at the Inauguration of annual festival Ujjwala 2021 with Rotary Club at NAB India Centre- 23rd October, 2021
- iii. Awareness stall at Engineers India Limited, Bhikaji Cama Place- 25th and 26th October, 2021
- iv. Awareness stall at Engineers India Limited, Gurgaon- 29th October, 2021
- v. Awareness stall at centre during Ujjwala Festival- 30th October, 2021
- vi. Awareness session with NCERT, New Delhi- 11th February, 2022
- vii. Awareness cum Screening Camp at MMTC, New Delhi- 7th March to 11th March, 2022
- viii. Awareness stall at MMTC Colony, New Delhi- 12th March - 13th March, 2022

5.. Research paper on Discovering hands Project:

“Medical Tactile Examination for Early Detection of Breast Cancer in Indian Women”-A medical research study for effectiveness, applicability and acceptability in the Indian setting- Under this research, 1338 examinations have been done but unfortunately CK Birla Hospital for Women, Gurgaon has to stop the examinations in March 2020 because of COVID-19. Quantitative data has arrived and is yet to be converted into article form to be published.

6. Impact Assessment Study:

Under this study, Bayer Prayas and Sattva Consulting conducted an Impact Assessment study for DH Program. The aim of the study is to understand the effectiveness and impact of the project on the beneficiaries and the society. The study is ready to get published by Bayer Prayas.

7. Proposed collaboration with Tata Memorial Cancer Hospital, Mumbai:

The centre is in touch with TMH-Mumbai for the placement of its trained and certified MTEs under a project with the latter.

Currently, TMH is revising the Project Documents. These documents will be reviewed and approved by their Internal Ethics Committee again before being put to management for Funding approval.

8.. Media Coverage:



“The Better India” had covered the story of Shakshi an MTE(Medical Tactile Examiner) who overcame her disability and joined NAB India Centre for Blind Women to get trained on Tactile Breast Examination under the programme named Discovering Hands.


C. Talking Hands Project:

Talking Hands was introduced in the year 2013 for the blind youth by NAB India Centre in India under the name `Japanese Medical Manual Therapy (JMMT).

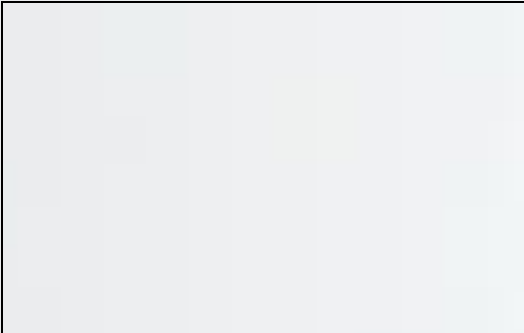
- Considered a path breaking preventive therapy brought in India by the Special Needs Education School for the Visually Impaired (SNESVI), University of Tsukuba, Tokyo, Japan, in cooperation with NAB India Centre, New Delhi & National Institute for the Visually Handicapped, Dehradun for the training of blind population of the country to become JMMT therapists.
- The treatment is known to transform the quality of life from strenuous lifestyle, bad food habits, physical inactivity, wrong body posture and disturbed biological clock, by bringing balance to the nervous system.

During 2021-2022, Talking Hands blind therapists gave services to 119clients through 189 sessions. The pain relieving therapy was provided both at the centre’s OPD and in camps outside the centre.

List of Pain relieving therapy camps organized for general public:

Date	Camp venue
23 rd October 2021	Diwali Mela, NAB India Centre 

	
25 th - 26 th October 2021	<p>EIL, Bikaji Cama Place</p> 
29 th October 2021	<p>EIL, Gurgaon</p> 
30 th October 2021	<p>Ujjwala Event, at NAB India Centre</p>
11 th December 2021	<p>Christmas Carnival</p> 
18 th & 19 th December 2021	<p>Organic Haat, at Basant Lok</p>



8th – 11th March 2022

MMTC , Scope Complex



12th – 13th March 2022

MMTC Colony,



MONTH	No. of OPD Patients with multiple visits	Conditions Treated
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d. NAB India Centre-Skill Set Council for Persons with Disabilities (SCPWDcollaboration

a. For past some years, NAB India Centre has been an integral a member of governing council of SSCPWD to provide inputs and framing courses for visually impaired under the guidance of Ms. Shalini Khanna (Hony. Secy.). It has also been acting as a member of as many internal tasks forces organized by SSCPWD to execute various activities.

b. Pilot trainings in 2019-2020: The purpose of this assignment was to conduct end to end trainings for 49 adult blind individuals thereby ensuring meaningful livelihood engagement of skilled persons with Visual Impairment. NAB India Centre chose three trades namely Customer care Executive, Asst Spa Therapist and Packer basis the fact that they had *market/ industry demand*, were *scalable* and would ensure *mainstreaming* of VI PwDs.



- The Centre's role was to be in mobilization and registration of candidates, providing training facilities, development of course curriculum as per QP/ NOS,
- development of content, training of trainers,
- ensuring quality training,
- ensuring trainee data entry in the portal for SCPWD monitoring purpose,
- ensuring assessment & certification of candidate, preparation for job readiness of candidates, ensuring placement and any other task that will ensure successful completion of pilot training programme.

The pilots for all the above-mentioned trainings were successfully conducted and a final report was submitted to SCPWD with best practices, findings and challenges faced for future course of action.

In addition to the above, continuously helping in screening new job roles for people with visual impairment in various sectors-

- a. Apparel, made-ups and home furnishings- pressman and Washing machine operator for low vision people;
- b. Beauty & Wellness - Hair Stylist, Beauty Therapist, Yoga Instructor;
- c. IT-Ites -Domestic Biometric data operator, Domestic IT helpdesk Attendant, Junior Software Developer
- d. Field Technician- Other Home Appliance for persons with Low Vision

Also, working as a part of the Accreditation committee of the Council

IV. CENTRE'S REPRESENTATIONS DURING 2021-2022

- a. Progressive Thinkers, Rotary Club (15th September 2021):** Rotary E-Club of Progressive Thinkers, Dist 3011 initiated a meeting with our trainees giving us a chance to showcase NAB- Discovering Hands and Talking Hands - at the Centre on 15th September 2021. For this event the centre welcomed guest speaker Ms. Mercela Zunega, Trade Counselor, Embassy of Chile, and Ms. Seema Puri, Founder, Evolve who delivered encouraging speech at the meeting with our Director Ms. Shalini Khanna Sodhi.



- b. Pink Toilet (8th March 2022)**

On the occasion of Women's Day, Ms. Shalini Khanna Sodhi, Hony. Secy. was invited for a talk on women empowerment to PVR Cinemas followed by the movie Gungubai Kathiawadi. The event was to promote and bring awareness on Pink Toilets.



V. AWARENESS & SENSITIZATION PROGRAMMES DURING 2021-2022

a. 22nd November 2021- Theatre Performance at Matri-Chhaya Sewa Sanghsthan, Siliguri, Bengal: on the invitation of Ms. Sulochna Mansi (Founder of Maitri NGO), the girls presented an awareness play on visual impairment, challenges and rehabilitation.

b. **Christmas Carnival:** the Christmas carnival was held on 11th December at NAB India Centre for Blind Women. The event had several unique experiential activities like Braille Learning, Computer shortcut Key Commands, blind folded games and many more. It was amazing to watch people failing to identify spices blind folded and being defeated by our chess genius in the game of chess. One of the major attractions of the carnival was the Blind Bake café where the women were busy as bee in serving their specialized delicacies.

CHRISTMAS CARNIVAL

At NAB India Centre; experiential activities like Braille Learning, Computer shortcut Key Commands, blind folded games



c. Interactive Session with LSR Volunteers:

The blind trainees of the Centre trained the volunteers of Lady Shri Ram, to make paper rolls, Talk-Back Feature and presented the Tactile Breast Examination technique. The session was an eye-opener for all the attendees.

d. Pink Toilet (8th March 2022)

On the occasion of Women's Day, our Founder Director, Shalini Khanna was invited for a talk on women empowerment to PVR Cinemas followed by the movie Gungubai Kathiawadi. The event was to promote and bring awareness on Pink Toilets.



e. Insightful, Art Exhibition (16th March: Exhibition from 21st March – 30th March 2022)

NAB India Centre For Blind Women and Disability Studies held an exhibition cum sale of artwork by some of the most eminent artists in collaboration with Speaking Art Foundation.

On the day of inauguration, a live painting by the artists was held parallelly with a tactile art workshop for the visually impaired women. The women experienced the colors on their canvases using tools like scrubbers, toothbrushes, rollers, stamps etc. Few partially sighted students tried out making beautiful portraits.

The exhibition took place in the audi where more than 20 masks were on display along with beautiful paintings by renowned artists.



VI. FUTURE PLANS/ LOOKING AHEAD FOR 2021-2022

1. To strengthen the Fund-Raising initiatives through social media platforms, approaching a variety of donors, and registration for government schemes for funding.
2. To bring measures for cost cutting in terms of installing additional Solar Panel.
3. To develop more partnerships in other cities of the country to expand the training programmes for the financial sustainability of more blind youth.
4. To continuously strive for creating more employment opportunities and to promote the advocacy related to issues pertaining to visual impairment for sensitization of general public for main streaming of the blind.

VII. TRAINING PROGRAMMES

Due to THE OUTBURST OF Pandemic COVID 19 during 2021 as well, , for few months, we adopted the medium of online teaching of skills to the trainees. This gave both the trainers and trainees a chance to enhance their technical skills. And to work on new social media platforms for communication.

The centre has developed training programmes for skill building & employability enhancement of both educated and uneducated blind girls coming to the centre: to provide greater job opportunities for them. However, along with VI Girls, now VI boys are also being taken for some training programmes:

A. JOB & ENTREPRENURAL ORIENTED TRAININGS

1. CUSTOMER CARE EXECUTIVE (COMPUTER BASED) TRAINING
2. FRONT DESK /RECEPTION HANDLING TRAINING
3. HANDICRAFT & Packer's TRAINING under "Ujjwala project"
4. Pain relieving therapy TRAINING under "Talking Hands Project"
5. CAFÉ MANAGEMENT TRAINING under "Blind bake café project"
6. Breast cancer detection training under "Discovering Hands project"

B. OTHER SHORT-TERM TRAININGS

1. LIFE SKILLS (BRAILLE, MOBILITY & HOME SCIENCE)
2. PERSONALITY DEVELOPMENT THROUGH SOCIAL SKILLS WORKSHOPS & EXPOSURE TRIPS
3. ADVENTURE SPORTS and,
4. SELF DEFENCE

A. JOB & ENTREPRENEURIAL ORIENTED TRAININGS:

1. CUSTOMER CARE EXECUTIVE (COMPUTER BASED) TRAINING

Since there are very few educated blind women, The Centre helps them to achieve higher education or better careers with better IT skills. With the help of speech software, this training enables trainees to read and write through computers and work on MS Word, Excel, Powerpoint, Internet and Scanning and use it in work of **CUSTOMER CARE AND BANKING**.

- I. Targeting Jobs in More banks and BPOs
- II. Training in 3 batches in a year for 4- 5 months each or 400- 500 hrs including core skill, Mobility, smart phone usage, communication skills and requisite IT skills As per NSDC QP
- III. Placements of 60% of the girls or admission into professional higher education like



Graduation, MBA, or MSW

Computer training with speech software

NO. OF BENEFICIARIES TRAINED IN A YEAR –50 in different batches

SUCCESS / EDUCATION & EMPLOYMENTS/ CAPACITY BUILDING:

Out of total 67, provided with Digital Literacy during the year:

- **Employment and job enrichment:** Around 12 got employment and required digital skilling to perform better at their already acquired work places. **Higher Education: Around 7 blind girls were supported through higher education by imparting computer skills to them**
- **Employability Enhancement:** Around 18 blind girls were able to graduate to the advance level of computer learning for better employability.
- **Computer learning as life skill:** Around 30 uneducated and slow blind girls and boys were imparted computer training as life skill during the year to induce an aspiration of learning English language, basic calculations and to attain some literacy to be able to enter into some vocation later.

Other important developments:

- i. August 11, the trainees of Customer Care Executive course students visited Sarathee, along with their trainers to get a broader vision on how a real time call centre functions and processes. An informative exposure visit to Sarathee where the women got an opportunity to interact with their current employees.
- ii. 14th September 2021 - Webinar organized by Eye-can solutions on usage of Eyecan- know what's around you application
- iii. 15 blind boys and girls were provided Android smart phones by NAB India Centre in support from "Bringing Smiles" Foundation, Gurugram on February 7 2022.

2. HANDICRAFT & PACKER TRAINING

The girls, who don't have the aptitude or interest to go for higher studies, are trained with skills of Here the trainees are engaged in



making paper products, decorating diyas, , jewellery and other items and garments packaging to gain employment in export houses, or get into income generating work. On the completion of the training, when they are able to contribute towards production, they start getting Stipends too.

NO. OF BENEFICIARIES TRAINED IN A YEAR – 45 in different batches

SUCCESS: EMPLOYMENTS/STIPENDS/SALES OF HANDICRAFTS

- **Employments:** Around 12 blind youth got employments in packaging department of companies like Radnik and Pee Em Pro.
- **Stipends:** Around 30 were able to get stipends on regular basis by way of exhibitions/orders proceeds after the training
- **Orders of Products:** Delivered timely orders of Diwali Gifts and jewellery to High Net Worth individuals and corporates.
- **Exhibitions cum Sale:** Apart from this, the girls handle various exhibitions of their products in hotels, corporate, banks and colleges for sale. This also acts as training for their confidence building and improved marketing and negotiation skills while dealing with clients.
- **Sale cum Exhibition of handicrafts products** by blind women: at Offices of Engineering India Limited- Delhi & Gurugram, MMTC & MMTC Colony-Delhi and Surajkund Handicraft Mela-received appreciation for the products made by blind girl trainees and good sales proceeds too.
- **Industry Exposure: Trainees were taken to**
- Spark Minda Visit
 - Daks India
 - Swani Sivananda Memorial Institute
 - PM Pro Faridabad
 - IMPAX V- Uttam Nagar



Learning folding of garments

3. PAIN RELIEVING THERAPY TRAINING –

This training was started in 2012. Healing with their hands, with a special focus: the vi boys and girls are trained to develop this special ability to conquer and heal pains-to bring relief to paining muscles. The centre has a tie up with ITC Maurya Hotel and Japanese Medical Manual Massage specialists to groom its trainees in a more professional manner once they finish their basic training at the centre.

Pain relieving therapy is offered with a mix of Swedish, Thai, Deep Tissue, Acupressure and Reflexology.

Curriculum Development: The centre has developed the course curriculum with help of **America India Foundation**. The experts who have contributed to curriculum and pilot are faculty from Shehnaz Hussain, ITC Maurya Hotel etc.

In 2019, the course has been adapted as per the qualification pack of Skill Council for persons with Disabilities.

NO. OF BENEFICIARIES TRAINED IN A YEAR (TOTAL): 27



Understanding the body with the help of models



SUCCESS:

- The trained girls are working as free lancers and earning livelihood.
- Therapy is provided by the trained therapists by way of camps outside the centre as well on payment basis.

Please note: For more details on the therapy, please refer to the section “Talking Hands Project” covered under the topic “ New Projects and developments on national and international projects” mentioned in the Table of contents above.

4. FRONT DESK/ RECEPTION HANDLING TRAINING:

This training was started in 2006. Since, many visually impaired persons have a passion for communication work; this communication-based training is for increased employability of visually impaired people who have basic knowledge of computers.

The syllabus for this training has been facilitated by ITC Maurya Sheraton Hotel, New Delhi.



Learning Reception handling

COURSE:

- Training in real work situations at the reception of the centre.
- Dealing with clients on the phone, inter department transfer of calls etc by handling EPABX System.
- Maintaining database of numbers and addresses, messages on the talking computer.
- Usage of assistive devices like voice recorders, talking calculators and Braille slates for independent work.
- Coordination for visit: volunteers, donors & visitors.
- Coordination with other networking partners.
- Writing Skills: How to create a bio-data, Job application, leave application, taking approval Writing formal mails, Report Writing, Presentation of report using PowerPoint slides, How to take/write minutes of the meeting.

NO. OF BENEFICIARIES TRAINED IN A YEAR – 15

SUCCESS:

- Many girls have found placements in offices, Hospitals, Pathology Labs, NGO's and other Work places.

5. CAFÉ MANAGEMENT TRAINING

This training was recently added in 2015 in order to develop entrepreneurship models for the blind who can cook independently as is evident from the success of home science training.

COURSE:

- Setting up of a cafe
- Arranging work stations in a blind friendly manner for max efficiency
- Effectiveness in executing orders
- Food safety standards
- Nutrition planning
- Grooming and hygiene
- Communication Skills And client handling Problem handling abilities
- Prioritizing orders, time management and stress management
- Basics of accounts handling-daily and order specific
- Inventory management



DURATION-3 MONTHS

NO. OF BENEFICIARIES TRAINED IN A YEAR-5

SUCCESS: THESE 5 BLIND GIRLS HAVE BEEN ABLE TO EARN STIPENDS FOR THEMSELVES THROUGH THIS TRAINING. ALSO, PRESENTLY WORKING IN THE “BLIND BAKE CAFÉ” SET UP IN THE CENTRE AND SERVING CUSTOMERS WITH FOOD ORDERS.

PLEASE NOTE: FOR MORE DETAILS ABOUT THE NEWLY LAUNCHED BLIND BAKE CAFE, PLEASE CONSIDER THE SECTION ABOVE “TABLE OF CONTENTS”- NEW PROJECTS AND DEVELOPMENTS ON NATIONAL AND INTERNATIONAL PROJECTS

6. BREAST CANCER DETECTION TRAINING

NAB India Centre brought “Discovering Hands” project from Germany to India in 2017. Discovering Hands is an innovative program developed by a renowned German gynaecologist Dr. Frank Hoffmann to provide accessible breast screening for women under the age of 50 who are not covered under any preventive screenings. It is one of its kind of project in Asia, which trains blind and visually impaired women to use their superior sensory touch to detect any abnormalities in the breasts and early signs of breast cancer.

- NAB India Centre is the only organization in Asia, which trains blind and visually impaired women to become Medical Tactile Examiners (MTEs) who conducts a detailed, safe, repeatable and accurate clinical breast examination without any radiation or side effects.
- This is a training for 9 months, which includes 6 months of theoretical and practical training and 3 months of Internship under a doctor in a hospital setup.

NO. OF BENERFIARIES TRAINED IN A YEAR-5 AT DELHI AND 4 IN BANGALORE THROUGH OUR TRAINING PARTNER

PLEASE NOTE: FOR MORE DETAILS ON BREAST CANCER DETECTION TRAININGG UNDER DISCOVERING HANDS PROJECT, PLEASE SEE THE SECTION “TABLE OF CONTENTS” SECTION AND SUB SECTION “NEW PROJECTS AND DEVELOPMENTS ON NATIONAL AND INTERNATIONAL PROLECTS”.

C. OTHER IMPORTANT SHORT-TERM TRAININGS

1. LIFE SKILLS TRAINING

This training is imparted to around 40-50 blind girls in different batches every year in the following areas:

a. Mobility and orientation training – the girls are trained to become mobile and independent. They are also taught self defense techniques to enable them to move about freely anywhere, even by public transport.

NO. OF BENEFICIARIES TRAINED: 69

b. Braille literacy – assists the visually impaired girls to access information and move a step ahead towards literacy.

NO. OF BENEFICIARIES TRAINED: 61

c. Home Management – training in housekeeping, shopping, cooking etc helps the girls to live an independent existence and thereby manage their homes successfully. This enhances their chances of getting married and build a life for them.

NO. OF BENEFICIARIES TRAINED: 78

I. In Home Science:29

II. In housekeeping-49

2. PERSONALITY DEVELOPMENT PROGRAMME is absolutely essential for the blind girls as grooming help them to gain confidence, and to adjust and integrate in the mainstream environment with dignity.

Physical grooming, dressing sense, table manners, social etiquettes and sex education workshops are conducted for the girls who come from backward areas and are not literate.

This training makes it easier for them to be accepted by the society when they go out for employment or exhibitions.

- To develop an overall pleasing personality the girls are trained and exposed to workshops in
- Communications skills which help them brush up their conversational English, build their public speaking capabilities, group discussions
- Grooming lessons are given along with practical training, coupled with various exposure trips to banks, post offices, restaurants, markets etc. The girls are taught the importance and need for good manners, personal hygiene and cleanliness, and dressing up with appropriate presentation skills.
- Workshops are held by experts on topics like beauty and skin care, reproductive health, career counseling
- Excursion/exposure trips are undertaken for exposure and recreation.
- Hobby classes are encouraged and held for the girls in music, singing, dancing, yoga and meditation which allows them to relax, express themselves freely, and be in a state of happiness.

WORKSHOPS held during the year –

- Physical Grooming Workshops
- Yoga & Meditation Workshops
- Communication Skills and Soft Skills Workshops
- Theatre & Music Workshops

No. of trained beneficiaries-60

3. ADVENTURE SPORTS:



Last time a group of 50 blind girls and staff members were taken to `World of Wonders (WOW) Amusement park, NOIDA on June 27, 2019. The whole day was filled with thrill and experience on various water slides and joy rides besides refreshments and food. A Huge thanks to the donors and staff for this successful event.

NO. OF BENEFICIARIES TRAINED - 50

4.SELF DEFENSE WORKSHOPS:

25th August to 10th September'2021 – 15 days Training in Self Defence techniques by **Delhi Police** for the girls at the centre (Short punch, Upper, middle, Lower, Both hand nakal attack, Two finger eye attack, Palm thrust attack, Back side attack, Elbow attack, Palm chin attack, Back side attack were introduced by Special Police Unit for Women & Children Delhi Police, Delhi)



VIII. SUCCESS STORIES

a. A few employments:



- Neha Jhunjunwala working at Aju Hotel, Gurugram as Front Desk Executive
- Chanderdev & Ganga working as “Packers” at Pee Em Pro Export House, Ballabhgarh, Haryana
- Shakuntla and Prabhat working as “Packers” at Radnik Export House, NOIDA, U.P.



Renu Srivastav



Pushpinder



Geetika



- **After Customer Care Executive training at the centre:**
- 4 girls placed: Renu from Uttar Pradesh, Pushpendara from Delhi, Geetika from Rajsthan and Unzula from Uttar Pradesh got placement at Sarathee Call Centre in Gurugram as executives.
- Pushpendara has also got engaged with one of her colleagues, Parma, a late blind boy who was placed by the centre many years back in this call centre. We are happy for both of them!

b. Stories of courage and hope:

i. Neha Jhunjunwala

Neha Jhunjhunuwala, a 29 year old lady, is registered as a visually impaired person due to Retinitis Pigmentosa a rare, inherited degenerative eye disease causing severe vision loss during her early 20's. This disease typically starts at the early teenage years and progresses to severe visual impairment during the early or later 20's. The early onset of the disease started affecting her career development and progress in life.

Neha hails from a middle class family of seven, currently living in Jhunjhunu district, Rajasthan. Her family comprises of her parents, brother, sister-in-law, niece and grandmother. According to her, her family has been very supportive throughout her journey. She completed her schooling and graduation in Commerce from a college in Jhunjhunu, Rajasthan. She didn't really face any kind of difficulties while growing up.

After completing her graduation she started noticing symptoms of RP, the symptoms cited were night blindness, restricted visual fields, difficulty in adjusting to different light conditions. Later this was diagnosed as complete blindness, though according to Neha, she can still perceive light. Along with this progressive visual loss she started having emotional and psychological challenges like shock, frustration, anxiety etc. According to Neha, quoted, "it was frustrating because when they give you the diagnosis that you have got this eye condition and you're going to go blind you're in so much shock and you don't really know what to do."

Accepting her impairment and learning to do things differently was the only coping mechanism she had at that time. Neha joined CCE Training at the centre in 2021 on her relative's suggestion. Here she started her mobility training and later started doing other different trainings in computer, home science, reception handling etc.

After the successful training at the centre, She is currently employed at Aju Hotel, Gurugram. She aspires to get a good government job in future and help her family and society as a whole.

ii. Geetika: (Photo above in Employments section)

Geetika is a 25 years old girl hailing from Sri Ganganagar District in Rajasthan. She has been blind by birth. She has her mother, father, a sister who is married and settled and a younger brother. All are very much supportive to her.

Because of her being sightless, she was not allowed much to do anything at home but she still used to help her mother in cleaning and other household work. Cooking is the only thing which she was strictly not allowed to do.

Her father is working as an Accounts person in a retail shop. Geetika did not get educated because of her blindness. Her parent weren't aware of any blind school where she could be enrolled into studies and later when she was sent to a normal school for pursuing her studies, she was bullied by the kids around due to Geetika withdrew herself. Not being educated did not bring her morale down and she finally searched for a blind institute through Google Search but that was in Kerala. It was through them that she got the contact details for NAB India Centre for Blind Women in Delhi after many years. The purpose for her to take admission was that she wanted to learn new skills that would help her to become independent.



for
which

Geetika was very much interested to learn Computers and do her studies. She had taken her first step towards getting educated by taking admission in Open School. In spite of no formal school education on her side, she managed to learn computer and customer care skills merely because of her good communication skills, initiative, never give up attitude and hard work. Because of persuasion,

eagerness to learn and to achieve independence, she managed to get a job in Gurgaon based call centre "Sarathee" as a Tele caller after her customer care executive at the centre.

She has fondness for music and likes to sing too. Given an opportunity, she would want to learn it professionally.

Going forward, she wants to become a social worker and help others like her, so that others do not have to face the difficulties that she has went through – a life of ignorance and helplessness.

IX. EXPOSURE VISITS & OTHER EVENTS FOR BLIND TRAINEES DURING THE YEAR



Personal Hygiene Session

Training using Demo Toilet

Toilet Cleaning session

Due to pandemic COVID 19, learning sessions were held both online and offline throughout the year as under:

a. Grooming Workshops for the blind girls:

Self introduction, Dreams & aspiration, skin care, hair care, toilet hygiene, dress sense, matching colours, table manners and cutlery usage, expression through Art, traditional, menstruation management, marriages in different states of India, facing fears, handling relationships and other online fun games

b. Interactive Sessions:

- Weekly Communication skills sessions (online) with volunteers of Home of Hope Foundation-America

c. Exposure events:

i. Mental Health Workshop:

Aham, Movement Therapy: Ms. Shubham, the founder of Aham, held an introductory session with the trainees of Centre. The session was aimed to celebrate oneself and release the negativities within them, through body movements, sounds and other mediums.

iv. Financial Literacy workshop

9th Sep - as an informative session, by Ms. Vartika Vajpayee, HR Manager-YES BANK Financial Inclusion, was held at NAB India Centre for Blind Women & Disability Studies.

11th February 2022 - Café team Visited at Rational International India PVT. LTD. To witness the demonstration of Artificial Intelligence based commercial oven.
Installation of Interact Club of blind trainees at India International Centre on the invitation of Rotary Club of Delhi South Metropolitan.

d. . Other celebrations:

- i. Independence Day-15th Aug
- ii. Teachers' day celebrations-5th Sep
- iii. International disability day-3rd December
- iv. Louis Braille day celebration: 3rd January
- v. Republic day- 26th January

X. IMPORTANT SERVICES

1. Annual Festival cum talent enhancement programme `Ujjwala:

- This time annual festival Ujjwala celebration had a different approach as the Centre (in association with Rotary Club) focused on the blind artisans and highlighted their multifaceted skills. The Centre had set up several exhibitions across Delhi NCR and at the centre for a week long as an awareness drive.
- The skills showcased by the Blind artisans (potter, flutist, classical singer) was very impactful as well as informative.
- The audience took a lot of interest in not only the handicraft products but also the unique therapy, breast screening as well as braille learning and spice identification games when blind folded.





- Uploaded the handicraft products on yeebo app for sale and marketing.
- Held exhibitions at Engineering India Limited (Delhi and Gurugram on 25th, 26th and 29th October, 2021.
- Held exhibitions at Agha Khan Hall on 27th & 28th October, 2021.
- Closing ceremony with exhibitions and cultural performances at NAB India Centre on October 30, 2021.

2. Volunteers Management Programme:

- Precautions were being taken because of the Pandemic phase – hence restricted entry of volunteers was encouraged inside the Centre. Volunteers helped us both offline and online on various aspects. For instance –keying in the data of calls made by us to the VI and Disable seeking our assistance; making voice recording of our curriculum; helping us in editing videos of our students by compiling them to make a perfect introduction of theirs.
- We got support of around 56 volunteers from different walks of life during April 2021-March 2022

Prior to pandemic, On an average, around 10 volunteers used to register every month. After the news of spread of COVID 19 in January 2020, the number of volunteers coming to the centre and registrations of new volunteers were negligible.

Volunteer Sources:

- **Schools:** St. Paul's, Modern, Tagore International, The British, DPS International
- **Colleges:** Dr. Bhim Rao Ambedkar, Jesus & Mary, Lady Shri Ram, Gargi, Kamla Nehru, Lloyd Law College, Lady Irwin college
- **Institutes & Universities:** IIT, Manav Rachna, IGNOU, Netaji Subash University of Technology, FLAME University, AMITY, Aditi Mahavidyalaya, New Delhi Institute of Management,

3. Annual Scholarship Programme:

With the kind help of donors, NAB Centre has been able to provide scholarships to its 02 girls studying in Delhi University during April 2021-March 2022. Around 15 blind girls and boys were provided smart phones for independent living and learning as well.

4. Annual Integration activity for `Expedia Online Travel Company:

Once again this year the team had organized interesting Charades with music and dialogues. Gave them an experience of virtual tour with different sounds, played antakshri. The women were divided into groups for this online activity. The programme was scheduled as below.

- Introduction with all the volunteers and Group setup
- Antakshri
- Story telling
- Dumb Charade
- Travel to Famous places (Leh, Laddak, Bhubaneshwar)

It was an amazing event which gave a very unique experience to Expedia as well as the trainees of NAB.



5. Farm House Picnic:

As an annual signature of donors Aggarwal's, the students and staff enjoyed at the farm house with lovely food, fun filled games, DJ and prizes in the month of January 2022.

XI. FACILITIES

1. MICROSOFT CYBER CAFÉ FOR THE BLIND: Computer training, access to Internet, scanning, and printing facilities for the visually impaired.

2. NAB Manthan MEDIA ART RESEARCH WING: Theatre, Yoga and Fitness and Personality Development Workshops, Researches for the Blind apart from vocational training in breast cancer detection.

3. ADOSH MEMORIAL LIBRARY FOR THE BLIND: Books are made available from different libraries for the blind women to read on computer, in Braille and in audio. Facilities available to record, scan and edit books on demand. Availability of Assistive Aids & Appliances on demand such as: Talking Watches, Talking Calculators, Talking Thermometers, Braille Slates, Braille Papers, White Canes, Signature Guides, Blind Friendly Games. Library is equipped with talking computers, Braille printer, Prisma - the low vision device, books in print, e-text and Braille.

Talking Hands unit for pain relieving therapy—In March 2012, the centre started training blind trainees in pain relieving therapy. Today the blind therapists is extending therapy to general public for their wellness And improved health.

5. SERVICE OF VOLUNTEERS is made available to students for studies Support for late blind and drop outs to resume studies through National Open School (NIOS), Central Board of Secondary Education (C.B.S.E.) as private candidates and through correspondence for graduate & post graduate level courses.

6. SCHOLARSHIPS/SPONSORSHIPS FOR THE NEEDY STUDENTS: Sponsorships are provided for the needy and deserving blind students for higher education.

7. MEDICAL CAMPS & General Health Services: held at the centre periodically in association with Sharda Memorial Charitable Trus, Madan Mohan Malviya Hospital and Kalu Sarai



Hospital government



Volunteer Service



Media Unit/ Studio

Hostel mess

Working Women Hostel

9. NAB DEVI WORKING WOMEN HOSTEL- interim hostel for those who have been employed after training in Hauz Khas Enclave and another named **NAB Kamla Bhatnagar Hostel** in Chitra Vihar, Delhi.

10. NEW NAB-J.C. DHAWAN HOSTEL BLOCK- An increased & better accommodation facility for 30-35 blind girls on first floor in Hauz Khas with quality living, blind friendly infrastructure and nutritious food with home like environment under proper discipline. The hostel is equipped with well lighted & airy rooms, space for recreation, fridges, intercom, boilers, geezers, fans, coolers, TV with cable facility, exercise machines, etc. The unique feature is that the kitchen and hostel are self run by the blind girls with reasonable sighted help.

11. NAB CONSORTIUM GUEST HOUSE: for travelling executives engaged in blind welfare and other disabilities.

WE ARE REALLY THANKFUL TO ALL OUR DONORS PROVIDING MONETARY OR IN-KIND DONATIONS TO THE CENTRE WITH SO MUCH LOVE AND UNDERSTANDING FOR THE UPLIFTMENT OF MANY BLIND GIRLS EVERY YEAR.