

How To Support Us:

Donate in Cash or Kind

For Vocational Trainings and Rehabilitation of VI women.

Write to us :- info@nabcentreforwomen.org

Contact us : +91 8587974427

You can Volunteer to - Assist in Recording books, exposure visits, shopping, college admissions, medical examinations, handicraft items finishing, hostel upkeep and much more...

Our Unique Enterprises



discovering
hands
tactile diagnostik

The VI MTEs save lives by detecting Breast abnormalities at earliest stages

@nab_discoveringhandsindia

facebook.com/nabindiacentreDH

linkedin.com/company/nab-discovering-hand-india



A unique open-air café to relish snacks made by the Blind Women

@blindbake_cafe



The VI women therapists use their trained sensory touch and pressure to heal and relax pains and nerve blockages.

@nab_talkinghandsindia



Ujjwala

The handicraft products made by the VI Women at the Centre are of recycled & ecofriendly materials

@ujjwala_nabindia

www.ujjwala.org



NAB India Centre for Blind Women and Disability Studies

Working towards a paradigm shift
TO EMPOWER THE BLIND WOMEN

From walking alone
on the road...



... To walking ahead
in their lives



L-25, Hauz Khas Enclave, New Delhi - 110016

011-41656266/ 26852589

Info@nabcentreforwomen.org

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www.facebook.com/nabindiacbw



[@nabcentreforwomen](https://www.instagram.com/nabcentreforwomen)

Skill-based Vocational Trainings



Customer Care Executive

Visually Impaired (VI) women are trained on computer speech software JAWS, MS office, internet, and communication skills for jobs at BPOs, call centres, and front desks in offices.

Orientation and Mobility

Thus us one of the most basic and essential skill for any VI person. orientation and mobility training teaches them how to mentally map and recollect their surroundings. Using their ID canes, the VI women identify obstacles and walk independently on roads.



Talking Hands

In the spa training, VI women learn aspects of physiology, anatomy of the human body and various Dry and Deep Oil Massage Therapies. The trainees are placed successfully in corporate health centres and spas.



Handicrafts and Packaging

VI women are trained on hand and motor skills for employment in export house and packaging industry. As part of the course, they make handmade paper and dori products like jewellery, decorative diyas, charms, and trays.



Discovering Hands, India

This innovative project from Germany trains VI women to detect any abnormalities in the breast and early signs of breast cancer using their superior sense of touch. The 9-month long course trains in medical aptitude, computer. Post completion, the Medical Tactile Examiners are eligible to work under an oncologist or a gynaecologist.



Blind Bake and Home Science

At the center, VI Women are taught different techniques of cooking and home management. An advanced training on café management teaches girls to manage cafés/ canteens, and teaches them advanced cooking skills, like baking,



Support Programmes and Trainings:

Academic Support Theatre and Music Personality Development
Excursions and Exposure visits Sports and Self Defense

Our Pride



Neha

Working as HR
Executive at Saarathee
CRM



Shweta

Working as a Telecom
Executive at Absolute
Security Solutions



Marufa

Working as a
Massage Therapist
at ITC Maurya, Delhi



Manchan

Working as a Helper in
packaging department
at Orient Fashion Pvt.
Ltd., Noida



Meenakshi

Working as a an MTE
at Medanta Hospital,
Gurgaon



Sakshi

Working as Software
quality assurance
tester at TEK systems